



# Old Mill Preschool News



Week of August 21, 2017

## What We Are Learning:

Welcome Back! We are so excited for this school year and working with your students! Our theme this week is Back to School. During large group, we will be talking about our commitments, routines, sharing, and making good choices. We will graph how we get to school and get home. Small groups will include sorting good and bad choices, recalling what happened in a story, and making 3D structures with Play-Duh. We will be reading and listening to books such as Boomer Goes to School, Pete the Cat and His School Shoes, and David Goes to School. We will be sending a at-home activity for you do to do with your child: All About ME Bag.

## Special Days and Events:

- No School on August 21, 2017
- No School on September 4, 2017

NO PRESCHOOL ON FRIDAYS! 😊

## Reminders:

- Any authorized adult, who is listed on the bus authorization form, must have a photo I.D. in order to pick up the child from school or from the bus stop. Thanks! 😊
- Parent and family volunteers are ALWAYS welcome to our classroom however you must have a criminal background check on file.

## Contact Information:

Please feel free to contact me through email, phone call, or by note in your child's folder. I will get back with you within 1 school day. 😊

- Mrs. Polson

[clarissa.polson@bullitt.kyschools.us](mailto:clarissa.polson@bullitt.kyschools.us)

502-869-3200 (School Phone)

502-538-6641 (Fax)

Old Mill Elementary School

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## Tips and Ideas: Helping Your Child to Calm Down

1. Use very few words. (Don't raise your voices; use very little language in a calm voice.)
2. Sidestep the power struggle. (Take time to calm down and think about your plan and action.)
3. Follow Through. (Choose plan that you can follow through with not one that you give into.)
4. Lead with Empathy. (Offering kind words before giving them their consequences.)
5. Change the language. (Speak positively changes how a child reacts.)

These are just a few of the things that we find helpful in our classroom to help students to calm down and help them to think about their actions.