

Old Mill Preschool News

Week of December 4, 2017

What We Are Learning:

Our theme this week is Christmas. During large group, we will be talking about our commitments, routines, sharing, and making good choices. We will be talking about what is Christmas and what Christmas means to them and the spirit of giving. We will work on patterning and counting in large group as well. Small groups will include making a pattern with red and white circles to form a candy cane, recalling a story and drawing a picture about it, and practicing using scissors. We will be reading and listening to books such as Snowmen at Christmas, Moosletoe, Santa Claus is Coming to Town, and Frosty.

Special Days and Events:

- Santa Workshop December 4-8th:
Preschool day to go is Dec.7!
- No School December 16-January 2
Christmas Break

NO PRESCHOOL ON FRIDAYS! 😊

Reminders:

- We are in need of supplies for our art center: College materials, play doh, and 3D materials.
- Any authorized adult, who is listed on the bus authorization form, **must have a photo I.D.** in order to pick up the child from school or from the bus stop. Thanks! 😊
- Parent and family volunteers are ALWAYS welcome to our classroom however you **must** have a criminal background check on file.

Contact Information:

Please feel free to contact me through email, phone call, or by note in your child's folder. I will get back with you within 1 school day. 😊

- Mrs. Polson

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502-869-3200 (School Phone)

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Old Mill Elementary School

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Tips and Ideas: Working with Anxious Child

1. Respect your child's feelings.
2. Teach your child to slow belly breathe.
3. Teach them how to handle the situation calmly.
4. Encourage them
5. Give them opportunities to practice being brave.
6. Recognize when you are anxious and say it out loud and demonstrate how you will handle it.

It is so important to make sure that we handle things well and be good examples. Our children are watching us and we need to be good role models. Children also reed off of us and each other so if someone is having a rough day, most of the time it will cause someone else to too.