



# Old Mill Preschool News



Week of February 26, 2018

## What We Are Learning:

Our theme this week is Community Helpers. We are learning all about different community helpers around our community that help us. We will learn about firefighters, police officers, astronaut, and doctor/nurse. Small groups will include writing in play-doh, dentist mouth game, and threading felt shapes onto a crazy straw. We will be reading and listening to books such as What Do People Do All Day, When I Grow Up, Whose Hat is This, and Whose Tools are These.

## Reminders:

- **We are in need of supplies for our art center: Glue, Construction Paper, and Felt.**
- Any authorized adult, who is listed on the bus authorization form, **must have a photo I.D.** in order to pick up the child from school or from the bus stop. Thanks! 😊
- Parent and family volunteers are ALWAYS welcome to our classroom however you **must** have a criminal background check on file.

## Special Days and Events:

- No School March 5, 2018
- Easter Egg Hunt March 29, 2018
- Spring Break April 2-9, 2018

NO PRESCHOOL ON FRIDAYS! 😊

## Contact Information:

Please feel free to contact me through email, phone call, or by note in your child's folder. I will get back with you within 1 school day. 😊

- Mrs. Polson

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## Tips and Ideas: Learning Experiences Outside

It is said that playing outside improves cardiovascular fitness, builds strong bones and muscles, healthy growth and development, improves balance and development, reduces stress, boost confidence and self-esteem, and helps achieve a healthy lifestyle. Activities such as: shadow art with sidewalk chalk, nature hunt, painting with nature, making bird feeders/homes, gardening, nature collage, reading outside, counting animals or plants, looking for certain colors outside, laying in grass looking for pictures in the clouds, camping outside, exploring the dirt and things in it, nature walk, etc. There are so many things you can do outside that get the students exploring, learning, and active.