



# Old Mill Preschool News



Week of March 5, 2018

## What We Are Learning:

Our theme this week is Dr. Seuss. We will be making patterns, predicting, and balancing apples on our heads. Small groups will include Opposites game, practicing writing their names, and putting together picture puzzles with words. We will be reading and listening to books such as Cat in the Hat, Green Eggs and Ham, and Ten Apples on Top.



## Reminders:

- **We are in need of supplies for our art center: Glue, Construction Paper, and Felt.**
- Any authorized adult, who is listed on the bus authorization form, **must have a photo I.D.** in order to pick up the child from school or from the bus stop. Thanks! 😊
- Parent and family volunteers are ALWAYS welcome to our classroom however you **must** have a criminal background check on file.

## Contact Information:

Please feel free to contact me through email, phone call, or by note in your child's folder. I will get back with you within 1 school day. 😊

- Mrs. Polson

[clarissa.polson@bullitt.kyschools.us](mailto:clarissa.polson@bullitt.kyschools.us)

502-869-3200 (School Phone)

502-538-6641 (Fax)

Old Mill Elementary School

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Mt. Washington, KY 40047

## Special Days and Events:

- No School March 5, 2018
- Easter Egg Hunt March 29, 2018
- Spring Break April 2-9, 2018

**PRESCHOOL Last Day: May 31, 2018**

NO PRESCHOOL ON FRIDAYS! 😊

## Tips and Ideas: Helping Your Child to Calm Down

1. Use very few words. (Don't raise your voices; use very little language in a calm voice.)
2. Sidestep the power struggle. (Take time to calm down and think about your plan and action.)
3. Follow Through. (Choose plan that you can follow through with not one that you give into.)
4. Lead with Empathy. (Offering kind words before giving them their consequences.)
5. Change the language. (Speak positively changes how a child reacts.)

These are just a few of the things that we find helpful in our classroom to help students to calm down and help them to think about their actions.