

# **Old Mill Preschool News**



Week of November 6, 2017

## What We Are Learning:

Our theme this week is Food and Nutrition. During large group, we will be talking about our commitments, routines, sharing, and making good choices. We will talk about what foods are healthy and unhealthy, discussing the five main food groups, and then we will begin to talk about the food groups and this week we will talk about dairy and what food we get from animals. Small groups will include going on an alphabet hunt, counting to 20, and fine motor skills with lacing cards. We will be reading and listening to books such as Eating the Alphabet, Oliver's Fruit Salad, and The Very hungry Caterpillar.

### **Special Days and Events:**

- November 22- 24 Thanksgiving Break
- December 16- January 2 Christmas
   Break
   NO PRESCHOOL ON FRIDAYS! ©

#### **Reminders:**

- Any authorized adult, who is listed on the bus authorization form, <u>must</u> have a photo I.D. in order to pick up the child from school or from the bus stop. Thanks!
- Parent and family volunteers are ALWAYS welcome to our classroom however you <u>must</u> have a criminal background check on file.

#### **Contact Information:**

Please feel free to contact me through email, phone call, or by note in your child's folder. I will get back with you within 1 school day. ©

- Mrs. Polson

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# Tips and Ideas: Helping them learn to count.

- 1. Count your steps as you walk.
- 2. Give your child at-home objects to count.
- 3. Count how many animals you see as you take a nature walk outside.
- 4. Sitting in traffic?? Count how many cars are around you.
- 5. At the grocery store, count how many items you put into the grocery cart.
- 6. Count as they brush their teeth.
- 7. Count things as you and your child play toys.

These are some really easy ways to incorporate counting into your everyday life and schedule. We use so many ways to count in our classroom, especially during their play time.